

**Hymn of the Month** is a new worship-focused series at Salem Hellers. Pastor Bruce often reminds us that worship is the most important thing we do. As part of our efforts to enrich and deepen our worship, each month we will focus on one of the more recently composed songs from *Hymns of Grace* that we hope will become familiar and loved by our congregation. We will explore different ways to introduce and incorporate these songs throughout the month; we want to help you become comfortable with them. May we grow together in faith as we learn these theologically rich songs and join our voices in corporate worship.

# Hymn of the Month

November 2024



*My Heart is Filled with  
Thankfulness  
#374 Hymns of Grace*

1

*My heart is filled with thankfulness  
To Him who bore my pain,  
Who plumbed the depths of my disgrace  
And gave me life again,  
Who crushed my curse of sinfulness  
And clothed me in His light,  
And wrote His law of righteousness  
With power upon my heart.*

2

*My heart is filled with thankfulness  
To Him who walks beside,  
Who floods my weaknesses with strength  
And causes fears to fly,  
Whose ev'ry promise is enough  
For ev'ry step I take,  
Sustaining me with arms of love  
And crowning me with grace.*

3

*My heart is filled with thankfulness  
To him who reigns above,  
Whose wisdom is my perfect peace,  
Whose ev'ry thought is love,  
For ev'ry day I have on earth  
Is given by the King.  
So I will give my life, my all,  
To love and follow him.*

**My Heart is Filled with Thankfulness** is a wonderful example of the theologically rich compositions by musicians Keith Getty and Stuart Townend. Written in 2004, it is a modern hymn, traditional in structure and intended to be sung by congregations.

**The music:** In the process of hymn writing, music may be set to an existing text, however for this hymn, Keith Getty wrote the melody first, inspired by old Scottish folk melodies.

**The text:** Stuart Townend penned the lyrics based on the theme of thankfulness found throughout Paul's letters in the New Testament. Getty affirms that "the focus of thanksgiving is on God's spiritual blessings: past, present and future, not just personal circumstances, safety, health, or all the other things that we usually say "thank you" for, rather thankfulness tied to our spiritual condition." He cites 1 Thessalonians 5:18 -- we are to be thankful in all circumstances, but Paul always emphasizes what Christ has done for us in the past (the Good News of the Gospel), what he is doing for us right now, and our thankfulness for the promise we have in the future (salvation). Paul ties everything to that hope, so we can move forward with confidence, with courage, and with peace of heart; with joy in everything that we do.

[Keith Getty, "My heart is filled with thankfulness" (14 Nov. 2017): [YouTube](#)]

As we join our voices and hearts in worship, may we be filled with thankfulness for all these blessings!

**Hymn Recording:**

<https://www.youtube.com/watch?v=0uilyE1ju8Q>